



# Year 7 - Citizenship: RSHE - Rotation 1 - Settling into school



## YGAM

We learn about the potential harm and risks around gaming and gambling. We learn about law and gambling.



## Taking it Further

Childline <https://www.childline.org.uk/>

NSPCC helpline <https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/nspcc-helpline/>

Chathealth 07507 332 631  
<https://www.royalwolverhampton.nhs.uk/services/service-directory-a-z/0-19-service/chathealth/>

## Childline

We explore Childline in most lessons and learn what sort of help that Childline can offer young people.



## Learning Checklist

- I can ask for help when I need to
- I can identify when I have not been kind
- I can reflect and apologise for my actions/behaviour
- I can stop and think before I do that thing again
- I can use my positive coping strategies to make me feel better
- I can tell other's where they can get help
- I can contact the Safeguarding Team if something serious happens